

# APLS Course Programme

A practical approach to emergency paediatrics



## Day One

- 08.00 – 08.30 Registration and COFFEE  
 08.30 – 09.15 *Lecture.* Welcome and assessing and managing the seriously ill child  
 09.15 – 10.45 *Skill stations* including review and continual assessment

	09.15 – 10.45
Airway Management	A
BLS, cardiac arrest rhythms and defibrillation including IO and UVC	B

- 10.45 - 11.00 REFRESHMENT BREAK and meet your mentor (see list at end of programme)  
 11.00 – 12.30 *Skill stations* including review and continual assessment (continued – see above)

	11.00 – 12.30
Airway Management	B
BLS, cardiac arrest rhythms and defibrillation including IO and UVC	A

- 12.30 – 13.15 LUNCH  
 13.15 – 13.30 *Demonstration:* Serious illness simulation  
 13.30 – 16.15 *Simulation teaching* serious illness (6 x 25 minutes; coffee at 15.10).

Faculty Team (FT)	Simulation	Faculty
FT 1	PI-1; PI-2	
FT 2	PI-3; PI-6	
FT 3	PI-4; PI-7	
FT 4	PI-5; PI-8	

FT = see colour key above C = Lead Candidate	13.30 – 14.20	14.20 – 15.10	15.25 – 16.15
Group A	C1, C2	C3, C4	C5, C6
Group B	C7, C8	C9, C10	C11, C12

- 16.15 – 16.55 *Lecture.* Trauma  
 16.55 – 18.15 *Skill stations and workshops* (2 x 40 minutes)

	16.55 – 17.35	17.35 – 18.15
Stabilisation	A	B
Chest procedures	B	A

- 18.20 – 18.40 Meet your mentor and further practice, if required

18.40 – 19.10 Faculty meeting

## Day Two

08.00 – 08.10 Meet your mentor

08.10 – 08.30 *Demonstration:* Trauma simulation

08.30 – 11.15 *Simulation teaching* trauma (6 x 25 minutes; coffee at 10.10).

Faculty Team (FT)	Simulation	Faculty
FT 5	PT-1; PT-5	
FT 6	PT-2; PT-6	

FT = Faculty Team C = Lead Candidates	08.30 – 09.20	09.20 – 10.10	10.25 – 11.15
Group A	C3, C4	C5, C6	C1, C2
Group B	C9, C10	C11, C12	C7, C8

11.15 – 11.45 *Lecture:* Cardiac

11.45 – 12.05 *Demonstration:* Cardiac simulation

12.05 – 12.45 LUNCH and further practice, if required

12.45 – 15.25 *Simulation Teaching Sessions.* Cardiac (6 x 25 minutes).

Faculty Team (FT)	Simulation	Faculty
FT 9	PC-1; PC-2	
FT 10	PC-3; PC-5	
FT 11	PC-4; PC-7	
FT 12	PC-6; PC-8	

FT = Faculty Team C = Lead Candidates	12.45 – 13.35	13.35 – 14.25	14.25 – 15.15
Group A	C5, C6	C1, C2	C3, C4
Group B	C11, C12	C7, C8	C9, C10

15.15 – 15.40 Refreshment break and further practice, if required

15.40 - 17.10 *Simulation Teaching:* selection of illness, injury and cardiac (60-90 minutes)

In this bank of simulations, faculty remain with one group to ensure all necessary simulations covered.

Faculty Team (FT)	Simulation	Faculty
FT 13	Select from PS-bank as appropriate	
FT 14		
FT 15		
FT 16		

FT = Faculty Team C = Lead Candidates	15.40 – 16.10	16.10 – 16.40	16.40 – 17.10
Group A	C1, C2	C3, C4	C5, C6
Group B	C7, C8	C9, C10	C11, C12

17.10 – 17.40 Faculty meeting [Candidates reflective log]

17.40 – 17.50 Feedback